



The Roar of the Lion

Marisa Rubé, editor
March 2017

Dear Brothers and Sisters,

I hope you are enjoying the beautiful weather we have been having.

As we enter the month of March we are looking forward to spring - a time of renewal and new beginnings.

As part of these new beginnings our lodge will be installing a new slate of officers to our Council. Our installation brunch will take place on Sunday, March 19, at the Burgundy Basin Inn at 12 o'clock. Reservations are needed so please contact us as soon as you can.



I am looking forward to working with all of the council members, both new and seasoned, as we bring the lodge into another year. I want to welcome Ron Santoli as our new sentinel, Mary-Lou Cadena as our new Mistress of Ceremony and Matt Grosodonia as our new Orator. Welcome back onto the Council to all of our returning members. A sincere thanks to those leaving our Council, Ross and Bonnie Cottone and Nancy Rubé.

Our winter picnic was a huge success. Thank you to everyone that supported us. The food was delicious and the clams were great!

The final deadline for paying dues is rapidly approaching. Thank you to everyone that paid their dues. If dues are not paid by March 31, your name will be removed from our lodge membership list. If you have any issues concerning this matter please feel free to contact me.

We are looking forward to another great year. Our newly formed fundraising committee is working on some exciting events to help defray some of our large expenses. If you have any ideas along this line please contact Jo Namaste or Tom Folino, chair and co-chair.

Looking forward to seeing you all soon!

Peace,
President Vince

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**Rochester Italian American
Community Events**

March 3rd @ 6pm: **Jazz Appreciation Night** - Casa Italiana of Nazareth College

March 3rd @ 6:30pm: **General Meeting**, Italian American Sport Club

March 4th @ 10am: **Casa Italiana Book Club** - Casa Italiana of Nazareth College

March 9th @ 12pm: **Club Luncheon** - Italian American Sports Club

March 13th @ 8am: **Trip to NYC for LaTraviata at the Met** - Casa Italiana of Nazareth College

March 15th @ 12pm: **Wednesday Luncheon** - Italian American Community Center

March 19th @ 4:30pm: **St. Joseph Table** - Valguarnera Society

March 23rd @ 12pm: **Club Luncheon** - Italian American Sports Club

March 28th @ 6pm: **Monthly Dinner** - Sicilian Sports Club

March 29th @ 12pm: **Wednesday Luncheon** - Italian American Community Center

East Rochester Community Events

March 26th @ 8:30am

ER Fire Department Easter Egg Hunt

This annual event is for all East Rochester residents age 10 and under. Come get a picture with the Easter Bunny!

Vincent Lombardi Lodge #2270

Calendar - 2017

March 2nd, 2017 @ 7pm: Council Meeting

March 9th, 2017 @ 7pm: General Assembly Meeting

March 19th, 2017 @ 11:30am: Officer Installation Brunch Burgundy Basin Inn - RSVP by March 10th

April 6th, 2017 @ 7pm: Council Meeting

April 13th, 2017 @ 7pm: General Assembly Meeting

April 26th, 2017 @ 5:30pm: New Member Initiation Ceremony and Dinner - Grapevine Restaurant - RSVP by April 18th

May 4th 2017 @ 7pm: Council Meeting

May 11th, 2017 @ 7pm: General Assembly Meeting

June 1st-4th, 2017: Annual NYS OSIA Convention

June 8th, 2017 @ 7pm: General Assembly Meeting

July 6th, 2017 @ 7pm: Council Meeting

July 13th, 2017 @ 7pm: General Assembly Meeting

August 3rd, 2017 @ 7pm: Council Meeting

August 10th, 2017 @ 7pm: General Assembly Meeting

September 7th, 2017 @ 7pm: Council Meeting

September 14th, 2017 @ 7pm: General Assembly Meeting

October 5th, 2017 @ 7pm: Council Meeting

October 12th, 2017 @ 7pm: General Assembly Meeting

October 2017 Date & Time TBD: Christopher Columbus Italian American Heritage Dinner

OSIA New York Grand Lodge Events

April 4th @ 7pm: **19th Annual Cooley's Anemia Dine Around (Westbury, NY)**

April 21st @ 7pm: **35th Anniversary Golden Lion Awards Dinner (Garden City, NY)**

April 22nd @ 9am: **NYOSIA Spring Plenary Session (Location TBD)**

April 30th @ 9:30am: **Grand Lodge Bowling Tournament (Farmingdale, NY)**

May 6th @ 10am: **20th Annual Walk-A-Thon "Walk for a Cure" (East Meadow, NY)**



03/08: Chris Przepiora

03/10: Ann Battaglia

03/14: Kitty DiNicola

03/16: Don Campese

03/19: Michael Meleca

03/26: Mary Renere

03/30: Shirley Sculli

03/31: Hon. Donald Mark

...Sister Lillian Bonanni, recuperating after hospitalization.

...Sister Sandy Meleca, recuperating from illness.

...Brother Tom Meleca, recuperating from illness.

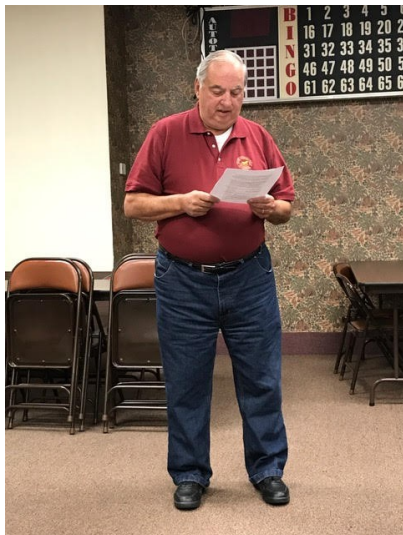
...Brother Dennis Erbeta, recuperating after surgery.

...Brother Joe Vazzana, recuperating after hospitalization.



Our thoughts are with Brothers Richard and Michael Meleca, Brother Tom and Sister Sandy Meleca, Sister Angela Cataldi, Brothers Anthony and Stephen Cataldi and the rest of the Meleca and Cataldi families, as they mourn the loss of their mother/sister in law/aunt, Elizabeth Meleca. Please keep them in your prayers during this difficult time.

On Wednesday, April 26th we will be having a special initiation night to welcome several new members into our lodge. This event will be held at the Grapevine Restaurant . We'll get together for dinner in the back party room, followed by the special initiation ceremony. This is a casual, relaxing celebration of our members and we would love for you to join us. If you would like to attend, please let President Vince know .



OSIA District 8 State Trustee and Vincent Lombardi Lodge Immediate Past President, Brother Joe Rubé, giving his plenary report at the Geneva Lodge meeting in February.



CSJ Report Sr. Marjorie Focarazzo

THE POWER OF COMMUNICATION

Words are more than a means of communication. They can shape our beliefs, behaviors, feelings, and actions. They portray our opinions, and can sometimes define who we are. It's not what is said but what is heard. Words can be very influential, controlling, mighty and formidable. They are one of the most powerful tools we have and are often underestimated. They can ignite revolutions or defuse tension. They can be soothing or hurtful. Usage of words in certain context can achieve certain results through research, the press, or media. One word can be completely neutral in its meaning while another meaning the exact same thing can spark a number of different emotions. When debating, similar language is used by both sides to convey completely opposite views. We cannot hide behind abstract language. Effective communication is the key in rendering better understanding of the reaction towards information. We can guard against false or misleading information which may lead to incorrect decisions or skewed opinions. On a personal level, language is not only a means of communication between individuals but is also a way for the expression of personality.

Mastery of language sets us apart from the animal world. While animals have different sounds for different purposes, words are the key to evolution and advancement of the human race. Man could not become man except by language. Step by step our ancestors have been able to progress with the power of words. They were first recorded as symbols on clay, papyrus or leather. They were preserved and passed down through the ages. Sounds became words, and while only transmitted within the range of hearing, eventually sprang something more powerful and transforming—the written word. It is considered to be the most important, most influential, and most dynamic discovery in human history. Words have immeasurable importance. They can be used for good and sometimes for evil. Too often they are wasted in mindless drivel, but without them, we would still be in a poor and primitive state.

The “right” words can be the difference between being misunderstood and being clear in what is communicated. Words can harm or they can heal. Do we respond better to words of encouragement or to criticism? Language shapes how we think, how we see the world, the way we live our lives and is essential to our experience as human beings. Through language ideas can be shared, be educated and improve lives. It helps society to keep evolving. Language has allowed for societies to be built not upon strength and physical domination, but on co-operation and the exchange of ideas. We should ask ourselves, “Who are we without our words?”



Festa Della Donna (International Women's Day) March 8th

International Women's Day is a popular holiday in Italy, celebrated each year on March 8. It is a day on which to celebrate women's economic, political and social achievements. Its roots lie in the feminist struggle for equal rights and recognition of the dignity, value and contributions of women worldwide in every area of society.

The holiday began as a day of memory and protest following a tragic event in New York in 1908. In early March of that year, the workers (all women) at a textile factory went on strike to protest the substandard conditions in which they were forced to work. On the 8th, the owner blocked all of the exits to the factory and set the building on fire.

The 129 factory workers trapped inside, for the most part Italian immigrants, all died.

Today the celebration of “La Festa della Donna” has become more similar to Mother's Day or Valentine's Day. Women receive bouquets of mimosa flowers from the men in their lives, be they husbands, sons, friends, or employers. This flower was chosen by Italian feminists as the symbol of the holiday in 1946, to mark the first occasion of the holiday after the end of World War II. It was chosen because of its bright color and fragrant scent, and because it is in bloom at this time of year and is inexpensive.

Since we are in Italy, there are also a wide variety of culinary interpretations of the mimosa created in honor of this day: mimosa eggs (similar to deviled eggs), linguine mimosa (with curry to create the yellow of the flower), tagliatelle mimosa (with finely scrambled eggs), risotto mimosa...the list goes on and on as far as your imagination can take you.

Bakeries, however, take the cake with their “Torta Mimosa.” This delicious dessert is a heavenly combination of sugar, orange juice, whipped cream, orange liqueur . . . and it's as lovely to behold as it is to consume!

Zeppole Recipe



1 vanilla bean
1/2 cup sugar, plus 3 tablespoons
2 tablespoons ground cinnamon
1 stick butter
1/4 teaspoon salt
1 cup water
1 cup all-purpose flour
4 eggs
Olive oil, for frying

Cut open the vanilla bean lengthwise. Using the back of a knife, scrape along the inside of the vanilla bean to collect the seeds. Scrape vanilla bean seeds into a small bowl. Add the 1/2 cup sugar and cinnamon and stir to combine. Set aside.

In a medium saucepan combine the butter, salt, 3 tablespoons of sugar, and water over medium heat. Bring to a boil. Take pan off the heat and stir in the flour. Return pan to the heat and stir continuously until mixture forms a ball, about 3 to 5 minutes. Transfer the flour mixture to a medium bowl. Using an electric hand mixer on low speed, add eggs, 1 at a time, incorporating each egg completely before adding the next. Beat until smooth. If not frying immediately, cover with plastic wrap and reserve in the refrigerator.

Meanwhile, pour enough oil into a large frying pan to reach a depth of 2 inches. Heat the oil over medium heat until a deep-fry thermometer registers 375 degrees F.

Using a small ice-cream scooper or 2 small spoons, carefully drop about a tablespoon of the dough into the hot olive oil, frying in batches. Turn the zeppole once or twice, cooking until golden and puffed up, about 5 minutes. Drain on paper towels. Toss with cinnamon-sugar. Arrange on a platter and serve immediately.

Recipe courtesy of Giada De Laurentiis and foodnetwork.com

Festa di San Giuseppe (St. Joseph's Day)

March 19th

Saint Joseph is the father of Jesus and the husband of Mary. He is the Patron Saint of carpenters, house buyers and sellers, fathers, confectioners, wheelwrights, and working people. Numerous countries regard him as their patron saint too, including Austria, Canada, Mexico, Sicily, Turin, and Florence Italy.

According to legend, during the Middle Ages severe drought and famine plagued Sicily. Sicilians prayed passionately to Saint Joseph for rain. They promised that if he sent rain, they would prepare a large feast in his honor. While they waited, Sicilians survived on fava beans, which saved them from starvation. Saint Joseph heard their prayers and sent rain. The Sicilians never forgot their promise to him for answering their desperate prayers. In gratitude, to this very day, they hold dear their promise and pay homage to him.

Every March 19th, Italians open their hearts and pantries. First, three-tiered altars are erected to honor the Holy Trinity. A statue of Saint Joseph, surrounded by flowers and candles, decorates the top tier. On the next two tiers are foods like pasta, olive oil, fava beans, and baked goods.

During the banquet, food is generously offered to the needy. In the town squares of many towns and villages, large banquet tables are erected. All the townsfolk contribute food, flowers, limes, candles, wine, and fava beans. No meats are placed on the altar because the feast day falls during the season of Lent. Foods made with bread crumbs are common because it is symbolic of a carpenter's sawdust. A special vegetarian minestrone soup including fava beans and bread carefully baked in the shape of a scepter to represent his walking stick or a wreath representing the Crown of Thorns are lovingly prepared and offered. At the end of the meal, every guest takes home some of the food.

To begin the festival, the local priest blesses the altar and its foods. Children portraying the Holy Family must sample all the food on the altar. As each item is tasted, there is a drum roll and everyone shouts "Viva San Giuseppe" to cast away all of the evil spirits. When the tasting is complete, the blessed loaf of bread is cut into pieces and shared with all. Legend decrees that whoever eats a piece of the bread will receive good fortune throughout the next year.

Saint Joseph's Day is a day for eating and celebrating with friends and family. There are many recipes passed down through the generations for this very special occasion. One of the most common is for "zeppole", a fried donut-like treat.



Source: www.silive.com

**Winter Clambake
February 12th, 2017
Gates Memorial Park**



VINCENT LOMBARDI LODGE OFFICERS

President
Vincent Giannantonio

First Vice-President
Sandra Meleca

Second Vice-President
Thomas Meleca

Recording Secretary
Marisa Rubé

Financial Secretary
Louis DeCarolis

Treasurer
Catherine DiNicola

Orator
Matthew Grosodonia

Mary Lou Cadena

Sentinel
Ron Santoli

Trustees
Edward Groszewski
Luigi DiFilippo
Antonio Palucci
Marjorie Focarazzo
Lillian Bonanni

Immediate Past President
Joseph Rubé, MD

Chaplain
Patricia Galante

**District VIII State
Trustee**
Joseph Rubé

Chaplain Emeritus
Sister Carole Proia

Lodge Deputy
Anthony Idoni

District VIII State Deputy
Thomas Meleca

Past Presidents
Joseph Lusardi*
Thomas Laverne*
Louis Giambra*
Joseph Vazzana
John March*
Victor Bell*
Peter Cimino*
Sam Parese*
Cosmo Caceci*
Michael La Comba*
Shirley Sculli
Phillip Dattilo
Joseph Berta
Joseph Rubé
Jennifer Rubé*



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